

# Registration Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_ Postcode \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Occupation \_\_\_\_\_  
Place of work \_\_\_\_\_  
Special dietary needs \_\_\_\_\_

## Pricing (please tick)

Full Registration – \$225

Earlybird Registration – \$195

(Earlybird Registrations by Friday August 23rd 2019)

Student Registration – \$205

Student Earlybird Registration – \$175

(Earlybird Registrations by Friday August 23rd 2019)

**TOTAL AMOUNT: \$** \_\_\_\_\_

## Payment options

Cheque  Money Order  Credit Card

Card type:  Visa  Mastercard

\_\_\_\_\_/\_\_\_\_\_  
Credit Card Number Expiry Date

\_\_\_\_\_  
Card Holder's Name CW

## It's easier to book online!

To book online go to: [www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

Cheque or Money order can be made payable to:  
Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:  
41 Heath Marsh Road, Panmure, Vic 3265  
ABN 83 820 560 346 – Barbara Glare

## Upcoming Breastfeeding Conferences

### Broken Sleep?

Melbourne October 24-26th 2019

Melbourne and ONLINE

Featuring Dr James McKenna USA) Lyndsey Hookway (UK)  
Kimberly Seals Allers (USA) Meghan Azad (Canada) Elly  
Taylor (Australia) Assoc. Prof Campbell Paul (Australia)

### Turning the Tide for Birth and Breastfeeding

Warrnambool Vic Feb 14th & 15th

Featuring Dr Amy Brown, Dr Meghan Azad

### Cancellation Policy

- To claim the earlybird price you must register AND Pay before the earlybird cut off date.
- Cancellations advised 30 days prior to the conference will receive a refund less \$60 admin fee.
- If you need to cancel your registration after 30 days you may use your registration fee as a part payment towards another breastfeeding conference.
- You may transfer your registration to another person, but you must advise us prior to the conference.



For more information and to register go to  
[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)



# Lights, Action... Lactation

Spotlight on developing  
skills to support breastfeeding  
in the real world

**Date:**  
Saturday, September 21st

**Venue:**  
Jasper Hotels  
489 Elizabeth St  
Melbourne



[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)



## Topics

8.15am	Registration opens – Tea/coffee served
8.45am	Welcome and opening
9.00am	The breastfeeding mother and baby – Decoded: How breastfeeding works – <b>Barb Glare</b>
9.45am	Meeting mothers where they are at: Strategies for talking to parents about breastfeeding – <b>Rachel Fuller</b>
10.30am	Morning tea
11.00am	Taking an effective lactation history, breastfeeding assessment and feeding plans – <b>Barb Glare</b>
12.00pm	Helping mothers understand infant sleep to support the breastfeeding – <b>Rachel Fuller</b>
1.00pm	Lunch
1.45pm	Breastfeeding multiples – <b>Rachel Fuller</b>
2.30pm	Colic, Reflux, allergies and intolerances – Understanding ways of helping very unsettled babies – <b>Barb Glare</b>
3.15pm	Coffee break
3.30pm	Cracking the case – Using your skills to solve breastfeeding problems
4.15pm	Close

## Biographies

### Rachel Fuller

Rachel Fuller is an International Board Certified Lactation Consultant (IBCLC), Certified Infant Massage Instructor (CIMI) and has undertaken training in infant sleep, child development and nutrition, and is currently studying for her Masters of Social work. She works in a family health service supporting to families with feeding, settling, sleep and the challenges of caring for babies and young children.

Rachel believes all families need evidence-based and up-to-date information so they can make choices that best suit their own situation. As a mother of four children (including twins) and with more than 15 years supporting families, Rachel understands that children and families are all different and works alongside parents to find their own 'right way'.

### Barb Glare

Barb Glare has been an international board Certified Lactation Consultant with more than 18 years experience working at an infant feeding clinic at a large rural hospital. She is the president of The Warrnambool Breastfeeding Centre, a registered health promotion charity and Director of the well-known Breastfeedingconferences which provides education to health professionals around Australia. Barb is in touch with the issues that face health professionals working with parents and brings a wealth of practical experience and evidence based information to this conference.

## About this conference

This conference will explore the physiology, biology and practical aspects of breastfeeding in today's world. While there is much advice given to breastfeeding mothers, much of it is not evidence based. This program is intended to be an entry level training for health workers or volunteers working with breastfeeding women. This training will give you a deeper understanding of the breastfeeding dyad and will include practical strategies to support breastfeeding mothers as well as reviewing research on breastfeeding. Problem solving activities will help you to consolidate your learning and skills.

Accreditation: IBCLC CERPs and MidPLUS CPDs have been applied for.

### Who is this seminar for?

**This seminar is for anyone who is working with breastfeeding families, including:**

- Lactation consultants and aspiring lactation consultants
- Midwives and student midwives
- Maternal and Child Health Nurses
- Paediatric nurses
- Dietitians
- Speech Pathologists
- Breastfeeding Counsellors
- Breastfeeding counselors and peer support educators
- Allied health professionals
- Family support workers
- Social workers